

2008 Torbay Royal Regatta 10k  
2008 Torbay Royal Regatta 10k

Sunday 24 August 2008. 7:00 pm

Results for All Competitors in finish order.

| <i>Plac</i> | <i>Time</i> | <i>Name</i>          | <i>Team</i>                | <i>Race Age Category</i> | <i>Pace min/mi</i> | <i>Rac e</i> | <i>Race</i> |
|-------------|-------------|----------------------|----------------------------|--------------------------|--------------------|--------------|-------------|
| 1           | 0:32:54     | MERSON, Tom          | South West Road Runners    | M20-24                   | 02:30.6            | 163          | 1           |
| 2           | 0:33:18     | CARLSON, Adam        | Torbay Athletic Club       | M20-24                   | 02:32.4            | 6            | 2           |
| 3           | 0:33:28     | HAARER, Peter        | Ranelagh Harriers          | M40-44                   | 02:33.2            | 251          | 3           |
| 4           | 0:34:16     | BELLWARD, James      | South West Road Runners    | M20-24                   | 02:36.9            | 320          | 4           |
| 5           | 0:34:21     | MONAGHAN, Peter      | Torbay Athletic Club       | M40-44                   | 02:37.3            | 2            | 5           |
| 6           | 0:34:45     | PORTER, John         | Army Athletic Club         | M35-39                   | 02:39.1            | 186          | 6           |
| 7           | 0:34:48     | STONE, Dave          | Exmouth Harriers           | M35-39                   | 02:39.3            | 232          | 7           |
| 8           | 0:35:15     | HUGHES, Tim          | White Horse Harriers       | M55-59                   | 02:41.4            | 259          | 8           |
| 9           | 0:35:27     | SHAPLAND, Martin     | South West Road Runners    | M40-44                   | 02:42.3            | 336          | 9           |
| 10          | 0:35:37     | LONGTHORPE, Simon    |                            | M30-34                   | 02:43.1            | 328          | 10          |
| 11          | 0:35:39     | ROBERTS, Kerry John  | Tiverton Harriers          | M45-49                   | 02:43.2            | 291          | 11          |
| 12          | 0:36:07     | HOPTON, Sam          | South West Road Runners    | M15-19                   | 02:45.3            | 321          | 12          |
| 13          | 0:36:10     | LONGTHORPE, Andrew   | Torbay Athletic Club       | M30-34                   | 02:45.6            | 1            | 13          |
| 14          | 0:36:46     | BOURNE, Matthew      | Devon & Cornwall Police AC | M25-29                   | 02:48.3            | 193          | 14          |
| 15          | 0:36:50     | RIGLER, Pete         | Tipton Harriers            | M30-34                   | 02:48.6            | 322          | 15          |
| 16          | 0:37:17     | HANSEN, Michael      | Erme Valley Harriers       | M45-49                   | 02:50.7            | 151          | 16          |
| 17          | 0:37:25     | ROGERS, Mark         | Plymstock Road Runners     | M30-34                   | 02:51.3            | 335          | 17          |
| 18          | 0:37:27     | DYKE, Kevin          |                            | M30-34                   | 02:51.4            | 348          | 18          |
| 19          | 0:37:28     | DUFFIELD, Jamie      | South Devon Athletic Club  | M15-19                   | 02:51.5            | 220          | 19          |
| 20          | 0:37:33     | SELLORS, Tristan     | South Devon Athletic Club  | M15-19                   | 02:51.9            | 262          | 20          |
| 21          | 0:37:39     | BABB, Steve          | Launceston Road Runners    | M40-44                   | 02:52.4            | 306          | 21          |
| 22          | 0:37:42     | HAYES, Roger         | Teignbridge Trotters       | M40-44                   | 02:52.6            | 198          | 22          |
| 23          | 0:37:52     | SABINE, Chris        |                            | M35-39                   | 02:53.4            | 238          | 23          |
| 24          | 0:38:02     | BAXTER, Richard      |                            | M30-34                   | 02:54.1            | 76           | 24          |
| 25          | 0:38:04     | LEEKE, Robert        | South Devon Athletic Club  | M40-44                   | 02:54.3            | 113          | 25          |
| 26          | 0:38:07     | NANKVILL, Philip Lee | DML Running Club           | M30-34                   | 02:54.5            | 22           | 26          |
| 27          | 0:38:11     | THOMPSON, Andy       |                            | M40-44                   | 02:54.8            | 215          | 27          |
| 28          | 0:38:17     | HART, Russell        | Torbay Athletic Club       | M25-29                   | 02:55.3            | 10           | 28          |
| 29          | 0:38:18     | HODGINS, David       |                            | M35-39                   | 02:55.3            | 202          | 29          |
| 30          | 0:38:22     | EINCHCOMB, Nicholas  | South West Road Runners    | M45-49                   | 02:55.6            | 122          | 30          |
| 31          | 0:38:30     | CROW, Caerwyn        |                            | M20-24                   | 02:56.3            | 98           | 31          |
| 32          | 0:38:34     | HOCKING, Jeremy      | South Devon Athletic Club  | M35-39                   | 02:56.6            | 118          | 32          |
| 33          | 0:38:34     | FINE, Kevin          | Torbay Athletic Club       | M20-24                   | 02:56.6            | 3            | 33          |
| 34          | 0:38:38     | SAWFORD, Paul        | Carn Runners               | M40-44                   | 02:56.9            | 234          | 34          |
| 35          | 0:38:42     | BRENNAN, Robert      | South Devon Athletic Club  | M15-19                   | 02:57.2            | 47           | 35          |
| 36          | 0:38:44     | REED, Luke           | Axe Valley Runners         | M25-29                   | 02:57.3            | 337          | 36          |
| 37          | 0:38:51     | PENNEY, Andrew       | Teignbridge Trotters       | M40-44                   | 02:57.9            | 300          | 37          |
| 38          | 0:38:54     | EVELEIGH, Michael    | Teignbridge Trotters       | M55-59                   | 02:58.1            | 226          | 38          |
| 39          | 0:38:55     | SOBEY, Paul          | Plymstock Road Runners     | M35-39                   | 02:58.2            | 195          | 39          |
| 40          | 0:39:02     | CROSSLEY, Ian        | Erme Valley Harriers       | M35-39                   | 02:58.7            | 323          | 40          |
| 41          | 0:39:04     | HOOPPELL, Ben        |                            | M20-24                   | 02:58.9            | 201          | 41          |
| 42          | 0:39:07     | O'CONNELL, Martin    | Tamar Trotters             | M35-39                   | 02:59.1            | 288          | 42          |
| 43          | 0:39:09     | PETERS, Colin        |                            | M40-44                   | 02:59.2            | 32           | 43          |
| 44          | 0:39:09     | O'CONNOR, Kev        | Plymstock Road Runners     | M40-44                   | 02:59.2            | 302          | 44          |
| 45          | 0:39:11     | CLEAVE, Chris        | Teignbridge Trotters       | M45-49                   | 02:59.4            | 196          | 45          |
| 46          | 0:39:12     | WALKER, Sue          | Exeter Tri                 | F35-39                   | 02:59.5            | 498          | 46          |
| 47          | 0:39:17     | WARD, Nigel          | Tavistock Athletic Club    | M40-44                   | 02:59.8            | 318          | 47          |
| 48          | 0:39:18     | HORROCKS, Paul       |                            | M20-24                   | 02:59.9            | 77           | 48          |
| 49          | 0:39:26     | COCKERTON, Mark      |                            | M35-39                   | 03:00.5            | 100          | 49          |
| 50          | 0:39:29     | MARSHALL, Andrew     | Plymouth Harriers          | M45-49                   | 03:00.8            | 146          | 50          |
| 51          | 0:39:38     | HILL, Marc           | Torbay Athletic Club       | M40-44                   | 03:01.4            | 15           | 51          |
| 52          | 0:39:42     | SHOBBROOK, Mark      | Instinctive Sport Plymouth | M35-39                   | 03:01.8            | 185          | 52          |
| 53          | 0:39:51     | BARTLETT, Paul       | South West Road Runners    | M40-44                   | 03:02.4            | 204          | 53          |
| 54          | 0:39:56     | DAVIES, Hadleigh     | Torbay Athletic Club       | M30-34                   | 03:02.8            | 8            | 54          |
| 55          | 0:39:59     | MACLAREN, Donald     | St Austell Running Club    | M45-49                   | 03:03.0            | 137          | 55          |
| 56          | 0:40:11     | TONKIN, Andrew       |                            | M45-49                   | 03:04.0            | 111          | 56          |
| 57          | 0:40:16     | BUNGAY, Ade          |                            | M35-39                   | 03:04.3            | 128          | 57          |
| 58          | 0:40:20     | SPENCER, Phil        | Tiverton Harriers          | M40-44                   | 03:04.7            | 260          | 58          |

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| <i>Plac</i> | <i>Time</i> | <i>Name</i>          | <i>Team</i>                | <i>Race Age Category</i> | <i>Pace min/mi</i> | <i>Race e</i> | <i>Race</i> |
|-------------|-------------|----------------------|----------------------------|--------------------------|--------------------|---------------|-------------|
| 59          | 0:40:24     | THORN, Alison        | Womens Running Network     | F35-39                   | 03:05.0            | 428           | 59          |
| 60          | 0:40:30     | HUXTABLE, Barrie     | Bideford Athletic Club     | M30-34                   | 03:05.4            | 127           | 60          |
| 61          | 0:40:31     | CRAIG, Marc          | Tamar Trotters             | M30-34                   | 03:05.5            | 63            | 61          |
| 62          | 0:40:35     | HALES, Roger         | Teignbridge Trotters       | M45-49                   | 03:05.8            | 546           | 62          |
| 63          | 0:40:37     | PITOCOCO, Deborah    | South Devon Athletic Club  | F35-39                   | 03:05.9            | 364           | 63          |
| 64          | 0:40:50     | MAY, Tim             |                            | M50-54                   | 03:06.9            | 281           | 64          |
| 65          | 0:40:54     | CAUNTER, Gary        | Teignbridge Trotters       | M40-44                   | 03:07.2            | 67            | 65          |
| 66          | 0:41:03     | FORBES, Robert       | South Devon Athletic Club  | M40-44                   | 03:07.9            | 241           | 66          |
| 67          | 0:41:15     | HURD, Andrew         | Desford Striders           | M35-39                   | 03:08.8            | 190           | 67          |
| 68          | 0:41:19     | BIRCH, Ian           | Ealing, Southall &         | M50-54                   | 03:09.2            | 179           | 68          |
| 69          | 0:41:26     | HIGGINS, Adrian      |                            | M40-44                   | 03:09.7            | 275           | 69          |
| 70          | 0:41:28     | BRADRIDGE, Scott     |                            | M40-44                   | 03:09.8            | 242           | 70          |
| 71          | 0:41:31     | BUNGAY, Fran         |                            | F30-34                   | 03:10.1            | 450           | 71          |
| 72          | 0:41:38     | KENDALL, Ian         | Plymouth Harriers          | M45-49                   | 03:10.6            | 540           | 72          |
| 73          | 0:41:40     | MARTIN, Rick         | South Devon Athletic Club  | M45-49                   | 03:10.8            | 25            | 73          |
| 74          | 0:41:44     | HOMMERS, Edward      |                            | M30-34                   | 03:11.1            | 258           | 74          |
| 75          | 0:41:44     | PRESTON, Mike        |                            | M50-54                   | 03:11.1            | 273           | 75          |
| 76          | 0:41:50     | WOOD, Mike           |                            | M45-49                   | 03:11.5            | 344           | 76          |
| 77          | 0:41:56     | DOOLAN, James        |                            | M20-24                   | 03:12.0            | 292           | 77          |
| 78          | 0:42:08     | BAGGOTT, Ian         | Devon & Cornwall Police AC | M40-44                   | 03:12.9            | 243           | 78          |
| 79          | 0:42:10     | PENWELL, Christopher |                            | M15-19                   | 03:13.0            | 315           | 79          |
| 80          | 0:42:12     | LISTER, Steve        | Torbay Athletic Club       | M50-54                   | 03:13.2            | 4             | 80          |
| 81          | 0:42:12     | TAYLOR, Gary         |                            | M35-39                   | 03:13.2            | 35            | 81          |
| 82          | 0:42:13     | COOK, Karen          | South West Road Runners    | F50-54                   | 03:13.3            | 536           | 82          |
| 83          | 0:42:17     | PASCOE, Nicholas     | Tamar Trotters             | M40-44                   | 03:13.6            | 119           | 83          |
| 84          | 0:42:18     | MOGLIA, Nick         |                            | M45-49                   | 03:13.7            | 319           | 84          |
| 85          | 0:42:21     | BLACKWOOD, Iain      | Taunton Athletic Club      | M15-19                   | 03:13.9            | 109           | 85          |
| 86          | 0:42:22     | OVERNEY, Robert      | North Devon Athletic Club  | M15-19                   | 03:14.0            | 298           | 86          |
| 87          | 0:42:25     | ROBERTS, Liam        | Axe Valley Runners         | M15-19                   | 03:14.2            | 227           | 87          |
| 88          | 0:42:29     | DART, Ian            | Plymouth Harriers          | M55-59                   | 03:14.5            | 301           | 88          |
| 89          | 0:42:38     | NORSWORTHY, Philip   |                            | M35-39                   | 03:15.2            | 158           | 89          |
| 90          | 0:42:39     | TWEEDIE, John        | Teignbridge Trotters       | M40-44                   | 03:15.3            | 188           | 90          |
| 91          | 0:42:41     | HILL, Matthew        |                            | M15-19                   | 03:15.4            | 261           | 91          |
| 92          | 0:42:44     | MAYO, Simon          | Teignbridge Trotters       | M45-49                   | 03:15.6            | 223           | 92          |
| 93          | 0:42:49     | WATSON, Gary         | Teignbridge Trotters       | M50-54                   | 03:16.0            | 329           | 93          |
| 94          | 0:42:56     | SWIFT, Jaine         | Womens Running Network     | F35-39                   | 03:16.6            | 535           | 94          |
| 95          | 0:42:58     | MORGAN, Michael      | Plymstock Road Runners     | M40-44                   | 03:16.7            | 159           | 95          |
| 96          | 0:43:04     | STACKMAN, Carl       |                            | M20-24                   | 03:17.2            | 339           | 96          |
| 97          | 0:43:06     | SANDERS, Ian         |                            | M20-24                   | 03:17.3            | 253           | 97          |
| 98          | 0:43:06     | CREBER, Matthew      | Tamar Trotters             | M15-19                   | 03:17.3            | 304           | 98          |
| 99          | 0:43:13     | PEARSE, Nick         | Tamar Trotters             | M40-44                   | 03:17.9            | 549           | 99          |
| 100         | 0:43:14     | HUGHES, Glynn        | Torbay Athletic Club       | M40-44                   | 03:17.9            | 9             | 100         |
| 101         | 0:43:20     | GUBBIN, Richard      |                            | M45-49                   | 03:18.4            | 81            | 101         |
| 102         | 0:43:22     | BROWN, Ray           | Torbay Athletic Club       | M60-64                   | 03:18.5            | 7             | 102         |
| 103         | 0:43:24     | MARINAS, Stephen     |                            | M35-39                   | 03:18.7            | 317           | 103         |
| 104         | 0:43:26     | PAINTER, Danny       |                            | M35-39                   | 03:18.8            | 293           | 104         |
| 105         | 0:43:32     | WOOD, John           |                            | M45-49                   | 03:19.3            | 316           | 105         |
| 106         | 0:43:37     | BARTLETT, Terry      | Plymouth Harriers          | M45-49                   | 03:19.7            | 71            | 106         |
| 107         | 0:43:39     | ASHTON, Julian       |                            | M50-54                   | 03:19.8            | 34            | 107         |
| 108         | 0:43:43     | PRICE, David         |                            | M50-54                   | 03:20.1            | 349           | 108         |
| 109         | 0:43:45     | HAMLING, Mark        | Teignbridge Trotters       | M45-49                   | 03:20.3            | 52            | 109         |
| 110         | 0:43:48     | FARKINS, Richard     |                            | M20-24                   | 03:20.5            | 250           | 110         |
| 111         | 0:44:01     | BRADLEY, Graham      | Brixham Harriers           | M55-59                   | 03:21.5            | 57            | 111         |
| 112         | 0:44:02     | WHITE, Neil          | Plymouth Coasters          | M35-39                   | 03:21.6            | 271           | 112         |
| 113         | 0:44:03     | CARTER, Ben          |                            | M15-19                   | 03:21.7            | 165           | 113         |
| 114         | 0:44:13     | TOWNING, David       |                            | M30-34                   | 03:22.4            | 192           | 114         |
| 115         | 0:44:14     | SIZZER, Tom          | Torbay Athletic Club       | M25-29                   | 03:22.5            | 5             | 115         |
| 116         | 0:44:15     | COOPER, Holly        |                            | F20-24                   | 03:22.6            | 376           | 116         |
| 117         | 0:44:27     | SHORT, Rachel        | South West Road Runners    | F40-44                   | 03:23.5            | 487           | 117         |
| 118         | 0:44:28     | DARTNELL, Ian James  | Canterbury Harriers        | M30-34                   | 03:23.6            | 27            | 118         |
| 119         | 0:44:33     | COWELL, Tim          |                            | M45-49                   | 03:24.0            | 277           | 119         |

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|-------------|-------------|----------------------------|----------------------------|--------------------------|--------------------|---------------|-------------|
| 120         | 0:44:40     | CHEESEWORTH, Marc          |                            | M30-34                   | 03:24.5            | 341           | 120         |
| 121         | 0:44:45     | ELLIOTT, Felicity          |                            | F20-24                   | 03:24.9            | 475           | 121         |
| 122         | 0:44:49     | TYSOE, Julia               |                            | F35-39                   | 03:25.2            | 529           | 122         |
| 123         | 0:44:59     | PEARSON, Don               | Devon & Cornwall Police AC | M50-54                   | 03:25.9            | 69            | 123         |
| 124         | 0:45:01     | OSMAN, Mark                |                            | M40-44                   | 03:26.1            | 274           | 124         |
| 125         | 0:45:08     | PETERS, Tim                | Torbay Athletic Club       | M35-39                   | 03:26.6            | 16            | 125         |
| 126         | 0:45:16     | DUNN, Stewart              | Teignbridge Trotters       | M25-29                   | 03:27.2            | 307           | 126         |
| 127         | 0:45:16     | MAWSON, Adrian             |                            | M45-49                   | 03:27.2            | 332           | 127         |
| 128         | 0:45:17     | CARPENTER, Emma            |                            | F30-34                   | 03:27.3            | 505           | 128         |
| 129         | 0:45:28     | CLARK, Gary                |                            | M35-39                   | 03:28.2            | 79            | 129         |
| 130         | 0:45:28     | HARVEY, Ceri               | Carn Runners               | F30-34                   | 03:28.2            | 435           | 130         |
| 131         | 0:45:29     | KOVACIC, Jeff              |                            | M50-54                   | 03:28.2            | 303           | 131         |
| 132         | 0:45:29     | COLLEY, Sara               | Dawlish Coasters           | F45-49                   | 03:28.2            | 443           | 132         |
| 133         | 0:45:29     | PAYNE, John                | Blackwater Valley Runners  | M15-19                   | 03:28.2            | 161           | 133         |
| 134         | 0:45:31     | CHEESLEY, Mike             |                            | M40-44                   | 03:28.4            | 108           | 134         |
| 135         | 0:45:32     | DANIELS, Stephen           |                            | M40-44                   | 03:28.5            | 263           | 135         |
| 136         | 0:45:35     | SMYTH, Michael             |                            | M55-59                   | 03:28.7            | 99            | 136         |
| 137         | 0:45:36     | VAN BEEK, Peter            | Run Walk for Life          | M40-44                   | 03:28.8            | 347           | 137         |
| 138         | 0:45:37     | PENWARDEN, Nigel           | Teignbridge Trotters       | M45-49                   | 03:28.8            | 295           | 138         |
| 139         | 0:45:38     | REYNOLDS, Paul             |                            | M40-44                   | 03:28.9            | 547           | 139         |
| 140         | 0:45:40     | BONFIELD, Kevin            |                            | M40-44                   | 03:29.1            | 183           | 140         |
| 141         | 0:45:44     | FALCAO, Dominic            |                            | M15-19                   | 03:29.4            | 314           | 141         |
| 142         | 0:45:51     | HEWINGS, Sue               | Newton Abbot Athletic Club | F40-44                   | 03:29.9            | 512           | 142         |
| 143         | 0:45:53     | THORNTON, David            |                            | M40-44                   | 03:30.1            | 164           | 143         |
| 144         | 0:45:54     | HORROCKS, Colin            |                            | M20-24                   | 03:30.1            | 33            | 144         |
| 145         | 0:45:56     | DUPAIN, Emma               | Exmouth Harriers           | F20-24                   | 03:30.3            | 532           | 145         |
| 146         | 0:45:59     | DABS, Ian                  | Newton Abbot Athletic Club | M35-39                   | 03:30.5            | 248           | 146         |
| 147         | 0:46:01     | BUNDAY, Simon              | Dawlish Coasters           | M45-49                   | 03:30.7            | 105           | 147         |
| 148         | 0:46:06     | WILBRAHAM, Glen            |                            | M35-39                   | 03:31.1            | 338           | 148         |
| 149         | 0:46:12     | CAUNTER, John              | Teignbridge Trotters       | M50-54                   | 03:31.5            | 29            | 149         |
| 150         | 0:46:18     | RAYNER, James              |                            | M20-24                   | 03:32.0            | 134           | 150         |
| 151         | 0:46:20     | TAYLOR, Alan               |                            | M30-34                   | 03:32.1            | 23            | 151         |
| 152         | 0:46:21     | HAYWARD, Pete              | Dawlish Coasters           | M45-49                   | 03:32.2            | 222           | 152         |
| 153         | 0:46:23     | MENLOVE PLATT, Max         |                            | M25-29                   | 03:32.4            | 235           | 153         |
| 154         | 0:46:30     | KING, Bryan                | Plymouth Muskateers        | M55-59                   | 03:32.9            | 310           | 154         |
| 155         | 0:46:36     | O'CONNELL, Grant           | Tamar Trotters             | M15-19                   | 03:33.3            | 289           | 155         |
| 156         | 0:46:37     | MENLOVE PLATT, Christopher | Plymouth Muskateers        | M50-54                   | 03:33.4            | 236           | 156         |
| 157         | 0:46:39     | MCFADYEN, Michael          |                            | M20-24                   | 03:33.6            | 189           | 157         |
| 158         | 0:46:39     | BARLOW, Winston            | Torbay Athletic Club       | M35-39                   | 03:33.6            | 14            | 158         |
| 159         | 0:46:40     | DUPAIN, Nigel              | Exmouth Harriers           | M55-59                   | 03:33.7            | 324           | 159         |
| 160         | 0:46:47     | HIPKINS, Cherie            | Great Bently Running Club  | F30-34                   | 03:34.2            | 474           | 160         |
| 161         | 0:46:50     | FOSTER, Anthony            |                            | M35-39                   | 03:34.4            | 214           | 161         |
| 162         | 0:46:58     | HILL, Stephen              | South Devon Athletic Club  | M40-44                   | 03:35.0            | 299           | 162         |
| 163         | 0:47:02     | BRADY, Mark                |                            | M35-39                   | 03:35.3            | 268           | 163         |
| 164         | 0:47:06     | GILFORD, Robin             |                            | M45-49                   | 03:35.6            | 43            | 164         |
| 165         | 0:47:08     | DANKS, Jim                 |                            | M45-49                   | 03:35.8            | 284           | 165         |
| 166         | 0:47:09     | BROOKING, Gary             | South Devon Athletic Club  | M30-34                   | 03:35.9            | 247           | 166         |
| 167         | 0:47:09     | KEATLEY, Richard           | Teignbridge Trotters       | M25-29                   | 03:35.9            | 104           | 167         |
| 168         | 0:47:12     | PRESSLEY, David            | South West Road Runners    | M55-59                   | 03:36.1            | 112           | 168         |
| 169         | 0:47:18     | THOMAS, Paul               | Teignbridge Trotters       | M40-44                   | 03:36.6            | 334           | 169         |
| 170         | 0:47:19     | SMITH, Gary                |                            | M30-34                   | 03:36.6            | 544           | 170         |
| 171         | 0:47:21     | PIDSLEY, Richard           | Teignbridge Trotters       | M40-44                   | 03:36.8            | 266           | 171         |
| 172         | 0:47:25     | HORDER, Steve              |                            | M40-44                   | 03:37.1            | 38            | 172         |
| 173         | 0:47:26     | SCOLLICK, Craig            |                            | M45-49                   | 03:37.2            | 180           | 173         |
| 174         | 0:47:26     | WOOTON, Mark               | Teignbridge Trotters       | M45-49                   | 03:37.2            | 21            | 174         |
| 175         | 0:47:30     | O'DONOGHUE, Steven         |                            | M50-54                   | 03:37.5            | 58            | 175         |
| 176         | 0:47:31     | WHATLING, Sean             | Great Bently Running Club  | M30-34                   | 03:37.5            | 311           | 176         |
| 177         | 0:47:32     | D'APRANO, Gia              | Teignbridge Trotters       | F50-54                   | 03:37.6            | 482           | 177         |
| 178         | 0:47:35     | JEFFERY, Dale              | Instinctive Sport Plymouth | NDB                      | 03:37.9            | 110           | 178         |
| 179         | 0:47:37     | HETHERINGTON, Andrew       |                            | M40-44                   | 03:38.0            | 249           | 179         |
| 180         | 0:47:38     | BARRETT, John              | South Devon Athletic Club  | M65-69                   | 03:38.1            | 44            | 180         |

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| <i>Plac</i> | <i>Time</i> | <i>Name</i>            | <i>Team</i>                | <i>Race Age Category</i> | <i>Pace min/mi</i> | <i>Race e</i> | <i>Race</i> |
|-------------|-------------|------------------------|----------------------------|--------------------------|--------------------|---------------|-------------|
| 181         | 0:47:43     | CROW, Kevin            |                            | M55-59                   | 03:38.5            | 97            | 181         |
| 182         | 0:47:45     | DRENNAN, John          | South Devon Athletic Club  | M50-54                   | 03:38.6            | 237           | 182         |
| 183         | 0:47:46     | ASTON, Peter           | Teignbridge Trotters       | M35-39                   | 03:38.7            | 333           | 183         |
| 184         | 0:48:46     | DUFFIN, Keir           |                            | M35-39                   | 03:43.3            | 182           | 184         |
| 185         | 0:47:46     | TIMMS, Chris           |                            | M40-44                   | 03:38.7            | 135           | 185         |
| 186         | 0:47:48     | SAUNDERS, Mark         |                            | M40-44                   | 03:38.8            | 200           | 186         |
| 187         | 0:47:52     | MURRAY, Simon          |                            | M40-44                   | 03:39.1            | 210           | 187         |
| 188         | 0:48:04     | HAYES, Byran           | Teignbridge Trotters       | M65-69                   | 03:40.1            | 46            | 188         |
| 189         | 0:48:05     | HINES, Simon           |                            | M40-44                   | 03:40.1            | 103           | 189         |
| 190         | 0:48:12     | WILLCOCKS, Syd         | Teignbridge Trotters       | M65-69                   | 03:40.7            | 55            | 190         |
| 191         | 0:48:14     | COMBER, Clive          |                            | M50-54                   | 03:40.8            | 75            | 191         |
| 192         | 0:48:15     | HOLMAN, Mark           | South Devon Athletic Club  | M45-49                   | 03:40.9            | 286           | 192         |
| 193         | 0:48:18     | ACKERS, Jeremy         | South Devon Athletic Club  | M50-54                   | 03:41.1            | 123           | 193         |
| 194         | 0:48:19     | PENN, Graham           | Teignbridge Trotters       | M50-54                   | 03:41.2            | 59            | 194         |
| 195         | 0:48:20     | EARDLEY, John          | Tamar Trotters             | M45-49                   | 03:41.3            | 545           | 195         |
| 196         | 0:48:22     | CREBER, Jim            | Tamar Trotters             | M50-54                   | 03:41.4            | 305           | 196         |
| 197         | 0:48:26     | OVERNEY, Simon         | Fire Service Sports and    | M40-44                   | 03:41.7            | 297           | 197         |
| 198         | 0:48:28     | BRACKLEY, Mark         | Thanet Road Runners        | M40-44                   | 03:41.9            | 283           | 198         |
| 199         | 0:48:29     | DRUCE, Kevin           | Devon & Cornwall Police AC | M45-49                   | 03:42.0            | 39            | 199         |
| 200         | 0:48:29     | NORMAN, Richard George |                            | M50-54                   | 03:42.0            | 345           | 200         |
| 201         | 0:48:30     | TAYLOR, Sharon         |                            | F30-34                   | 03:42.0            | 451           | 201         |
| 202         | 0:48:30     | RIDGE, John            |                            | M35-39                   | 03:42.0            | 61            | 202         |
| 203         | 0:48:40     | HALLS, Debbie          | Womens Running Network     | F50-54                   | 03:42.8            | 397           | 203         |
| 204         | 0:48:43     | FERRI, Joseph          | L'Olleria AC Valencia      | M55-59                   | 03:43.0            | 325           | 204         |
| 205         | 0:48:47     | MATL, Jiri             |                            | M30-34                   | 03:43.3            | 88            | 205         |
| 206         | 0:48:51     | WILLIAMS, Claire       |                            | F30-34                   | 03:43.7            | 508           | 206         |
| 207         | 0:48:53     | FRENCH, Alan           | Torbay Athletic Club       | M55-59                   | 03:43.8            | 212           | 207         |
| 208         | 0:48:59     | REED, Jonathan         | Devon & Cornwall Police AC | M35-39                   | 03:44.3            | 278           | 208         |
| 209         | 0:48:59     | HAYES, Phil            |                            | M45-49                   | 03:44.3            | 224           | 209         |
| 210         | 0:49:00     | RAHMAN, Acaur          |                            | M40-44                   | 03:44.3            | 330           | 210         |
| 211         | 0:49:04     | PAYNE, Rod             | Teignbridge Trotters       | M50-54                   | 03:44.6            | 160           | 211         |
| 212         | 0:49:08     | PAULL, Kevin           | Erme Valley Harriers       | M45-49                   | 03:44.9            | 184           | 212         |
| 213         | 0:49:11     | KENNEDY, Jane          | Womens Running Network     | F50-54                   | 03:45.2            | 432           | 213         |
| 214         | 0:49:15     | BAKER, Graeme          | Teignbridge Trotters       | M65-69                   | 03:45.5            | 213           | 214         |
| 215         | 0:49:16     | HILL, Martin           |                            | M30-34                   | 03:45.6            | 64            | 215         |
| 216         | 0:49:19     | TRIBE, Mark            | Erme Valley Harriers       | M40-44                   | 03:45.8            | 208           | 216         |
| 217         | 0:49:21     | BAXTER, Tara           |                            | F25-29                   | 03:45.9            | 402           | 217         |
| 218         | 0:49:23     | ADDISON, Paul          |                            | M40-44                   | 03:46.1            | 143           | 218         |
| 219         | 0:49:27     | HAWLEY, Michael        |                            | M45-49                   | 03:46.4            | 276           | 219         |
| 220         | 0:49:28     | DREW, Barry            | Carn Runners               | M60-64                   | 03:46.5            | 117           | 220         |
| 221         | 0:49:33     | LENDON, Terri          | South West Road Runners    | F35-39                   | 03:46.9            | 467           | 221         |
| 222         | 0:49:39     | JENKINS, Joanne        | Plymouth Harriers          | F40-44                   | 03:47.3            | 412           | 222         |
| 223         | 0:49:52     | WOON, Adrian           | Devon & Cornwall Police AC | M40-44                   | 03:48.3            | 152           | 223         |
| 224         | 0:49:52     | CONDY-YOUNG, Rob       |                            | M30-34                   | 03:48.3            | 153           | 224         |
| 225         | 0:49:57     | REASON, Chris          | Instinctive Sport Plymouth | M35-39                   | 03:48.7            | 203           | 225         |
| 226         | 0:49:59     | HEMSWORTH, Jane        | Sidmouth Running Club      | F45-49                   | 03:48.8            | 525           | 226         |
| 227         | 0:50:03     | DEMPSEY, Andrew        |                            | M45-49                   | 03:49.1            | 312           | 227         |
| 228         | 0:50:08     | GRIERSON-JACKSON, Jean | South Devon Athletic Club  | F50-54                   | 03:49.5            | 354           | 228         |
| 229         | 0:50:09     | BARRELL, Andy          | Pewsey Vale RC             | M40-44                   | 03:49.6            | 26            | 229         |
| 230         | 0:50:16     | MITCHINSON, Andrew     |                            | M40-44                   | 03:50.1            | 218           | 230         |
| 231         | 0:50:17     | TROTTER, Adam          |                            | M25-29                   | 03:50.2            | 264           | 231         |
| 232         | 0:50:19     | NORSWORTHY, Sally      |                            | F40-44                   | 03:50.4            | 472           | 232         |
| 233         | 0:50:22     | HILTON, Helen          | Plymstock Road Runners     | F40-44                   | 03:50.6            | 484           | 233         |
| 234         | 0:50:24     | WOON, Jacki            | Devon & Cornwall Police AC | F45-49                   | 03:50.7            | 530           | 234         |
| 235         | 0:50:29     | FAYERS, Robert         |                            | M35-39                   | 03:51.1            | 308           | 235         |
| 236         | 0:50:31     | TAYLOR, Ian            |                            | M50-54                   | 03:51.3            | 84            | 236         |
| 237         | 0:50:33     | DUNN, Matthew          | Teignbridge Trotters       | M15-19                   | 03:51.4            | 309           | 237         |
| 238         | 0:50:34     | NORRIS, David          |                            | M20-24                   | 03:51.5            | 342           | 238         |
| 239         | 0:50:36     | PRESSLEY, Debra        | South West Road Runners    | F55-59                   | 03:51.7            | 433           | 239         |
| 240         | 0:50:42     | JOHNSON, Nicholas      |                            | M45-49                   | 03:52.1            | 265           | 240         |
| 241         | 0:50:43     | AMOUEI_HOLDEN, Souzie  |                            | F40-44                   | 03:52.2            | 374           | 241         |

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|-------------|-------------|------------------------|----------------------------|--------------------------|--------------------|---------------|-------------|
| 242         | 0:50:46     | CARPENTER, Daniel      |                            | M35-39                   | 03:52.4            | 267           | 242         |
| 243         | 0:50:52     | SAXTY, Leonard         | Instinctive Sport Plymouth | M60-64                   | 03:52.9            | 42            | 243         |
| 244         | 0:50:55     | JONES, Kerry           | Pewsey Vale RC             | F30-34                   | 03:53.1            | 404           | 244         |
| 245         | 0:50:56     | BRITT, Apul            |                            | M25-29                   | 03:53.2            | 147           | 245         |
| 246         | 0:50:57     | BLOOR, David           |                            | M30-34                   | 03:53.3            | 272           | 246         |
| 247         | 0:51:01     | HAYES, Sue             | South Devon Athletic Club  | F35-39                   | 03:53.6            | 437           | 247         |
| 248         | 0:51:04     | BARRELL, Jayne         | Pewsey Vale RC             | F40-44                   | 03:53.8            | 351           | 248         |
| 249         | 0:51:07     | PATTEMORE, Christopher |                            | M55-59                   | 03:54.0            | 129           | 249         |
| 250         | 0:51:08     | SLOMAN, Lynda          | South Devon Athletic Club  | F55-59                   | 03:54.1            | 408           | 250         |
| 251         | 0:51:14     | TAYLOR, Eleanor        | Teignbridge Trotters       | F45-49                   | 03:54.6            | 491           | 251         |
| 252         | 0:51:16     | TURL, Gary             |                            | M30-34                   | 03:54.7            | 101           | 252         |
| 253         | 0:51:21     | ERBEN, Milos           | Teignbridge Trotters       | M60-64                   | 03:55.1            | 187           | 253         |
| 254         | 0:51:22     | ZMUDA, Krzysztof       |                            | F20-24                   | 03:55.2            | 458           | 254         |
| 255         | 0:51:29     | WOODLEY, David         | Tamar Trotters             | M35-39                   | 03:55.7            | 229           | 255         |
| 256         | 0:51:33     | PAGE, Marcus           | Tamar Trotters             | M35-39                   | 03:56.0            | 239           | 256         |
| 257         | 0:51:34     | BOOTE, Emma            | Womens Running Network     | F25-29                   | 03:56.1            | 520           | 257         |
| 258         | 0:51:43     | GRIMWOOD, Alan         | Torbay Athletic Club       | M50-54                   | 03:56.8            | 12            | 258         |
| 259         | 0:51:52     | HODGSON, Paul          |                            | M30-34                   | 03:57.5            | 245           | 259         |
| 260         | 0:51:55     | SMYTH, Katie           | Womens Running Network     | F25-29                   | 03:57.7            | 421           | 260         |
| 261         | 0:51:56     | LAYTON, Barry          | Torbay Athletic Club       | M60-64                   | 03:57.8            | 17            | 261         |
| 262         | 0:51:56     | KILBEE, Simon          |                            | M35-39                   | 03:57.8            | 156           | 262         |
| 263         | 0:51:59     | SINGLETON, Simon       |                            | M45-49                   | 03:58.0            | 252           | 263         |
| 264         | 0:52:05     | CAUNTER, Anna          | Teignbridge Trotters       | F25-29                   | 03:58.5            | 463           | 264         |
| 265         | 0:52:07     | ANDERSON, Douglas      |                            | M50-54                   | 03:58.6            | 255           | 265         |
| 266         | 0:52:09     | DOUGLAS, James         |                            | M35-39                   | 03:58.8            | 125           | 266         |
| 267         | 0:52:18     | WRIGHT, Matthew        |                            | M35-39                   | 03:59.5            | 126           | 267         |
| 268         | 0:52:19     | CAUNTER, Tina          | Teignbridge Trotters       | F50-54                   | 03:59.5            | 352           | 268         |
| 269         | 0:52:20     | HAWMAN, Abigail        | Almost Athletes            | F30-34                   | 03:59.6            | 511           | 269         |
| 270         | 0:52:25     | RUMSBY, Martyn         | Plymstock Road Runners     | M50-54                   | 04:00.0            | 254           | 270         |
| 271         | 0:52:25     | HANSEN, Carol          | Erme Valley Harriers       | F45-49                   | 04:00.0            | 469           | 271         |
| 272         | 0:52:33     | THORNDYKE, James       |                            | M25-29                   | 04:00.6            | 256           | 272         |
| 273         | 0:52:34     | WEBB, Roger            |                            | M50-54                   | 04:00.7            | 142           | 273         |
| 274         | 0:52:37     | VAN BEEK, Henriette    | Run Walk for Life          | F30-34                   | 04:00.9            | 538           | 274         |
| 275         | 0:52:39     | LUXTON, Rachel         |                            | F25-29                   | 04:01.1            | 502           | 275         |
| 276         | 0:52:43     | WILCOCKS, Mark         | UK Net Runner.co.uk        | M40-44                   | 04:01.4            | 296           | 276         |
| 277         | 0:52:44     | MARSHALL, Anne         | Plymouth Harriers          | F45-49                   | 04:01.4            | 462           | 277         |
| 278         | 0:52:47     | HILL, Anna             |                            | F30-34                   | 04:01.7            | 386           | 278         |
| 279         | 0:52:50     | SMYTH, Anne            | Womens Running Network     | F55-59                   | 04:01.9            | 420           | 279         |
| 280         | 0:52:57     | CROSS, Alan            |                            | M40-44                   | 04:02.4            | 157           | 280         |
| 281         | 0:52:59     | NOBBS, Simon           | Tamar Trotters             | M50-54                   | 04:02.6            | 145           | 281         |
| 282         | 0:53:02     | WILMINGTON, Lesley     | South West Road Runners    | F45-49                   | 04:02.8            | 509           | 282         |
| 283         | 0:53:06     | JOHNSON, Susan         |                            | F40-44                   | 04:03.1            | 391           | 283         |
| 284         | 0:53:07     | BOASE, Duncan          | Plymouth Harriers          | M40-44                   | 04:03.2            | 70            | 284         |
| 285         | 0:53:12     | LUPSON, Jane           |                            | F20-24                   | 04:03.6            | 501           | 285         |
| 286         | 0:53:17     | PIEWISZKO, Piotr       |                            | M20-24                   | 04:04.0            | 136           | 286         |
| 287         | 0:53:18     | CLARK, Jo              | Torbay Athletic Club       | F45-49                   | 04:04.0            | 363           | 287         |
| 288         | 0:53:21     | HIRST, Anthony         |                            | M50-54                   | 04:04.3            | 87            | 288         |
| 289         | 0:53:43     | JOHNSTON, Andrew       |                            | M45-49                   | 04:05.9            | 65            | 289         |
| 290         | 0:53:44     | MULHOLLAND, Brian      |                            | M55-59                   | 04:06.0            | 221           | 290         |
| 291         | 0:53:49     | SIMNER, Nick           |                            | M40-44                   | 04:06.4            | 162           | 291         |
| 292         | 0:53:49     | HOUSE, Ken             | South Devon Athletic Club  | M70+                     | 04:06.4            | 89            | 292         |
| 293         | 0:53:51     | GREEN, Kathy           |                            | F35-39                   | 04:06.5            | 422           | 293         |
| 294         | 0:53:57     | SUTTON, Barry          |                            | M55-59                   | 04:07.0            | 60            | 294         |
| 295         | 0:53:58     | CHAPMAN, Nick          |                            | M30-34                   | 04:07.1            | 228           | 295         |
| 296         | 0:54:06     | CLARK, Caroline        | Womens Running Network     | F35-39                   | 04:07.7            | 403           | 296         |
| 297         | 0:54:06     | ATKINSON, Mandy        |                            | F35-39                   | 04:07.7            | 416           | 297         |
| 298         | 0:54:12     | LEE, Stephen           |                            | M35-39                   | 04:08.2            | 102           | 298         |
| 299         | 0:54:18     | BARLOW, Gerald         |                            | M40-44                   | 04:08.6            | 205           | 299         |
| 300         | 0:54:18     | CALLARD, Janine        | Torbay Athletic Club       | F45-49                   | 04:08.6            | 486           | 300         |
| 301         | 0:54:18     | UNWIN, Brian           | Orion Harriers             | M60-64                   | 04:08.6            | 50            | 301         |
| 302         | 0:54:19     | JONES, Mark            |                            | M35-39                   | 04:08.7            | 285           | 302         |

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|-------------|-------------|------------------------|----------------------------|--------------------------|--------------------|---------------|-------------|
| 303         | 0:54:20     | CAREY, Cathy           |                            | F25-29                   | 04:08.8            | 440           | 303         |
| 304         | 0:54:21     | BEAGENT, Tom           |                            | M20-24                   | 04:08.8            | 240           | 304         |
| 305         | 0:54:25     | STEPHENS, Corrina Jane |                            | F20-24                   | 04:09.1            | 519           | 305         |
| 306         | 0:54:27     | BURGES, Sue            | Launceston Road Runners    | F55-59                   | 04:09.3            | 446           | 306         |
| 307         | 0:54:28     | WATKINS, Sarah         | Sidmouth Running Club      | F45-49                   | 04:09.4            | 527           | 307         |
| 308         | 0:54:30     | STOYLE, Kevin          |                            | M30-34                   | 04:09.5            | 343           | 308         |
| 309         | 0:54:34     | BROWN, Hilary          |                            | F55-59                   | 04:09.8            | 426           | 309         |
| 310         | 0:54:37     | JONES, Marie           | Dartmouth Athletic Club    | F60+                     | 04:10.1            | 531           | 310         |
| 311         | 0:54:42     | LEE, Liz               | South Devon Athletic Club  | F60+                     | 04:10.4            | 438           | 311         |
| 312         | 0:54:42     | MURDEN, Jayne          |                            | F30-34                   | 04:10.4            | 445           | 312         |
| 313         | 0:54:43     | ROGERS, Lucy           |                            | F15-19                   | 04:10.5            | 534           | 313         |
| 314         | 0:54:44     | MEEHAN, Ben            | Devon & Cornwall Police AC | M35-39                   | 04:10.6            | 246           | 314         |
| 315         | 0:54:47     | WESTLE, Sue            | Womens Running Network     | F40-44                   | 04:10.8            | 439           | 315         |
| 316         | 0:54:48     | WARREN, Jannette       |                            | F35-39                   | 04:10.9            | 379           | 316         |
| 317         | 0:54:51     | PICKFORD, Alexandra    | Torbay Athletic Club       | F55-59                   | 04:11.1            | 395           | 317         |
| 318         | 0:54:53     | HARVEY, Darren         |                            | M25-29                   | 04:11.3            | 40            | 318         |
| 319         | 0:55:02     | BIRCH, Annie           | Ealing, Southall &         | F50-54                   | 04:12.0            | 481           | 319         |
| 320         | 0:55:04     | SCHEFFER, Richard      |                            | M55-59                   | 04:12.1            | 73            | 320         |
| 321         | 0:55:05     | ADDISON, Rachel        |                            | F20-24                   | 04:12.2            | 461           | 321         |
| 322         | 0:55:09     | BARR, Chris            |                            | M40-44                   | 04:12.5            | 340           | 322         |
| 323         | 0:55:10     | IMPEY, Gemma           | Womens Running Network     | F25-29                   | 04:12.6            | 523           | 323         |
| 324         | 0:55:11     | DYMOND, Trevor         |                            | M55-59                   | 04:12.7            | 326           | 324         |
| 325         | 0:55:11     | MORRIS, Christine      | Womens Running Network     | F30-34                   | 04:12.7            | 499           | 325         |
| 326         | 0:55:13     | TRAYNOR, Mark          | Plymstock Road Runners     | M50-54                   | 04:12.8            | 233           | 326         |
| 327         | 0:55:23     | QUICK, Michelle        |                            | F35-39                   | 04:13.6            | 516           | 327         |
| 328         | 0:55:23     | FOWLER, Nancy          |                            | F35-39                   | 04:13.6            | 515           | 328         |
| 329         | 0:55:26     | HOPKINS, Nicholas      |                            | M40-44                   | 04:13.8            | 217           | 329         |
| 330         | 0:55:33     | GILLMAN, Stephanie     | South Devon Athletic Club  | F55-59                   | 04:14.3            | 434           | 330         |
| 331         | 0:55:36     | GILBOY, Emma           |                            | F30-34                   | 04:14.6            | 444           | 331         |
| 332         | 0:55:39     | FERRIS, Martin         |                            | M40-44                   | 04:14.8            | 82            | 332         |
| 333         | 0:55:43     | SZEDEROVA, Elena       | Plymstock Road Runners     | F20-24                   | 04:15.1            | 533           | 333         |
| 334         | 0:55:46     | MORGAN, Kim            |                            | F30-34                   | 04:15.3            | 415           | 334         |
| 335         | 0:55:47     | MIFSUD, Vivien         | Brixham Harriers           | F55-59                   | 04:15.4            | 390           | 335         |
| 336         | 0:55:53     | WHILE, Suzanne         | Womens Running Network     | F40-44                   | 04:15.9            | 521           | 336         |
| 337         | 0:55:55     | SELWOOD, Stephen       |                            | M45-49                   | 04:16.0            | 92            | 337         |
| 338         | 0:55:57     | PRIOR, Michael         |                            | M35-39                   | 04:16.2            | 80            | 338         |
| 339         | 0:56:00     | COLLINS, Karen         | Brixham Harriers           | F45-49                   | 04:16.4            | 378           | 339         |
| 340         | 0:56:01     | ROGERS, Sarah          | Womens Running Network     | F45-49                   | 04:16.5            | 380           | 340         |
| 341         | 0:56:09     | WOOLLEY, Lucy          | Womens Running Network     | F35-39                   | 04:17.1            | 350           | 341         |
| 342         | 0:56:11     | WTSON, Gwen            | Wombwell Athletic Club     | F50-54                   | 04:17.2            | 485           | 342         |
| 343         | 0:56:14     | ROE, Carolyn           |                            | F40-44                   | 04:17.5            | 447           | 343         |
| 344         | 0:56:15     | MCRAE, Lynda           | Brixham Harriers           | F55-59                   | 04:17.5            | 454           | 344         |
| 345         | 0:56:16     | JOHANSSON, Anne        |                            | F25-29                   | 04:17.6            | 389           | 345         |
| 346         | 0:56:25     | BIRCH, Rebecca         |                            | F20-24                   | 04:18.3            | 442           | 346         |
| 347         | 0:56:26     | BICKFORD, Graham       |                            | M40-44                   | 04:18.4            | 167           | 347         |
| 348         | 0:56:33     | LEWIS, Natalie         |                            | F20-24                   | 04:18.9            | 410           | 348         |
| 349         | 0:56:36     | LORD, Heather          | South Devon Athletic Club  | F45-49                   | 04:19.1            | 427           | 349         |
| 350         | 0:56:39     | FLINT, Tony            | Tone Zone Runners          | M60-64                   | 04:19.4            | 93            | 350         |
| 351         | 0:56:54     | ELLIOTT, Jennifer      |                            | F45-49                   | 04:20.5            | 476           | 351         |
| 352         | 0:56:55     | PODEUR, Marcel         |                            | M55-59                   | 04:20.6            | 120           | 352         |
| 353         | 0:56:57     | GRONOW, Hannah         |                            | F30-34                   | 04:20.7            | 479           | 353         |
| 354         | 0:56:59     | GILLMAN, Clive         | South Devon Athletic Club  | M55-59                   | 04:20.9            | 114           | 354         |
| 355         | 0:57:01     | DENTON, Kenneth        | South Devon Athletic Club  | M70+                     | 04:21.0            | 53            | 355         |
| 356         | 0:57:03     | EVANS, Melissa         |                            | F30-34                   | 04:21.2            | 470           | 356         |
| 357         | 0:57:03     | BULFORD, Claire        |                            | F35-39                   | 04:21.2            | 457           | 357         |
| 358         | 0:57:12     | CORDING, James         |                            | M70+                     | 04:21.9            | 244           | 358         |
| 359         | 0:57:13     | HARVEY, Richard        | Carn Runners               | M30-34                   | 04:22.0            | 116           | 359         |
| 360         | 0:57:35     | BOYCE, Cris            |                            | M40-44                   | 04:23.6            | 150           | 360         |
| 361         | 0:57:35     | KING, Louise           | Plymouth Muskateers        | F40-44                   | 04:23.6            | 526           | 361         |
| 362         | 0:57:36     | MORELAND, David        | Dawlish Coasters           | M55-59                   | 04:23.7            | 90            | 362         |
| 363         | 0:57:37     | WIGGINTON, Robert      |                            | M35-39                   | 04:23.8            | 270           | 363         |

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Results for All Competitors in finish order.

| <i>Plac</i> | <i>Time</i> | <i>Name</i>          | <i>Team</i>                | <i>Race Age Category</i> | <i>Pace min/mi</i> | <i>Race e</i> | <i>Race</i> |
|-------------|-------------|----------------------|----------------------------|--------------------------|--------------------|---------------|-------------|
| 364         | 0:57:38     | WIGGINTON, Zoe       |                            | F30-34                   | 04:23.9            | 506           | 364         |
| 365         | 0:57:38     | WATSON, Sherrie      | Womens Running Network     | F40-44                   | 04:23.9            | 401           | 365         |
| 366         | 0:57:43     | DEBNAM, Peter        |                            | M60-64                   | 04:24.3            | 124           | 366         |
| 367         | 0:57:44     | JEMPSON, Stephanie   |                            | F35-39                   | 04:24.3            | 388           | 367         |
| 368         | 0:57:53     | LOFTHOUSE, Sally     |                            | F30-34                   | 04:25.0            | 400           | 368         |
| 369         | 0:57:56     | NORRISH, Samantha    |                            | F30-34                   | 04:25.2            | 543           | 369         |
| 370         | 0:58:22     | SUMNER, David        | Devon & Cornwall Police AC | M40-44                   | 04:27.2            | 140           | 370         |
| 371         | 0:58:24     | WOOLLEY, Ian         |                            | M35-39                   | 04:27.4            | 62            | 371         |
| 372         | 0:58:24     | BLACKBURN, Sue       |                            | F35-39                   | 04:27.4            | 468           | 372         |
| 373         | 0:58:24     | BLACKBURN, Steve     |                            | M40-44                   | 04:27.4            | 327           | 373         |
| 374         | 0:58:27     | MCRAE, Doug          | Brixham Harriers           | M65-69                   | 04:27.6            | 133           | 374         |
| 375         | 0:58:28     | JENKINS, Lind        | North Devon Road Runners   | F40-44                   | 04:27.7            | 495           | 375         |
| 376         | 0:58:31     | NALDRETT, Andy       |                            | M40-44                   | 04:27.9            | 257           | 376         |
| 377         | 0:58:31     | SMITH, Dawn          | Womens Running Network     | F45-49                   | 04:27.9            | 460           | 377         |
| 378         | 0:58:32     | BEAR, Alex           |                            | M40-44                   | 04:28.0            | 141           | 378         |
| 379         | 0:58:34     | WENMAN, Alan         |                            | M25-29                   | 04:28.1            | 155           | 379         |
| 380         | 0:58:35     | HOGAN, Mark          | Devon & Cornwall Police AC | M30-34                   | 04:28.2            | 154           | 380         |
| 381         | 0:58:36     | BESFORD, Kevin       | Teignbridge Trotters       | M45-49                   | 04:28.3            | 294           | 381         |
| 382         | 0:58:43     | CARDY, Derek         |                            | M50-54                   | 04:28.8            | 197           | 382         |
| 383         | 0:58:50     | DICKSON, Steve       |                            | M35-39                   | 04:29.4            | 541           | 383         |
| 384         | 0:58:51     | LAWRENCE, Louise     |                            | F30-34                   | 04:29.4            | 496           | 384         |
| 385         | 0:58:51     | FEASEY, Natalie      |                            | F30-34                   | 04:29.4            | 497           | 385         |
| 386         | 0:59:07     | FURZE, David         | Moorhaven Running Club     | M55-59                   | 04:30.7            | 45            | 386         |
| 387         | 0:59:12     | SINGER, Graham       |                            | M50-54                   | 04:31.0            | 83            | 387         |
| 388         | 0:59:16     | CHANDLER, Donner     | White Horse Harriers       | F35-39                   | 04:31.4            | 503           | 388         |
| 389         | 0:59:17     | EMERY, Graham        |                            | M30-34                   | 04:31.4            | 49            | 389         |
| 390         | 0:59:29     | HIGGINS, Alison      |                            | M35-39                   | 04:32.3            | 471           | 390         |
| 391         | 0:59:36     | BEAMISH, John        |                            | M60-64                   | 04:32.9            | 199           | 391         |
| 392         | 0:59:46     | MORGAN, Vic          |                            | M50-54                   | 04:33.6            | 225           | 392         |
| 393         | 0:59:47     | QUANT, Nicky         | South West Road Runners    | F40-44                   | 04:33.7            | 510           | 393         |
| 394         | 0:59:47     | TIMMS, Donna         |                            | F40-44                   | 04:33.7            | 455           | 394         |
| 395         | 0:59:48     | NORRISH, Andrew      |                            | M35-39                   | 04:33.8            | 542           | 395         |
| 396         | 0:59:56     | WILLOUGHBY, Melenie  |                            | F50-54                   | 04:34.4            | 411           | 396         |
| 397         | 1:00:03     | COTTON, Phillip      |                            | M40-44                   | 04:34.9            | 85            | 397         |
| 398         | 1:00:03     | HAYWARD, Ruth        |                            | M45-49                   | 04:34.9            | 490           | 398         |
| 399         | 1:00:04     | FURBER, Jeremy       | Nailsea Running Club       | M40-44                   | 04:35.0            | 96            | 399         |
| 400         | 1:00:11     | PERKS, Lousie        | Womens Running Network     | F25-29                   | 04:35.6            | 30            | 400         |
| 401         | 1:00:14     | HUNT, Natalie        |                            | F25-29                   | 04:35.8            | 357           | 401         |
| 402         | 1:00:18     | HAYES, Michelle      |                            | F40-44                   | 04:36.1            | 399           | 402         |
| 403         | 1:00:19     | MOORE, Rebecca       |                            | F25-29                   | 04:36.2            | 492           | 403         |
| 404         | 1:00:19     | LIMMER, Helen        |                            | F40-44                   | 04:36.2            | 385           | 404         |
| 405         | 1:00:20     | THORPE, Dennis       | South West Vets Athletic   | M70+                     | 04:36.2            | 36            | 405         |
| 406         | 1:00:24     | ROGERS, FERNE        |                            | F25-29                   | 04:36.5            | 382           | 406         |
| 407         | 1:00:24     | JAMES, Lysbeth       | Brixham Harriers           | F60+                     | 04:36.5            | 368           | 407         |
| 408         | 1:00:32     | CARTERBOAST, Rebecca |                            | F30-34                   | 04:37.2            | 514           | 408         |
| 409         | 1:00:32     | SLATOR, Graham       | Launceston Road Runners    | M45-49                   | 04:37.2            | 548           | 409         |
| 410         | 1:00:34     | NELSON, Adrian       |                            | M30-34                   | 04:37.3            | 144           | 410         |
| 411         | 1:00:34     | DRUCE, Susanne       | Devon & Cornwall Police AC | F30-34                   | 04:37.3            | 358           | 411         |
| 412         | 1:00:36     | MATTHEWS, Jackie     |                            | F45-49                   | 04:37.5            | 478           | 412         |
| 413         | 1:00:44     | SPALDING, Diane      |                            | F60+                     | 04:38.1            | 383           | 413         |
| 414         | 1:00:50     | SHEPHERD, Marianne   |                            | F30-34                   | 04:38.5            | 367           | 414         |
| 415         | 1:00:52     | BLOOR, K             |                            | F30-34                   | 04:38.7            | 507           | 415         |
| 416         | 1:00:59     | JOHNSON, Michelle    |                            | F35-39                   | 04:39.2            | 504           | 416         |
| 417         | 1:01:09     | CARTER, Sally        | Torbay Athletic Club       | F45-49                   | 04:40.0            | 477           | 417         |
| 418         | 1:01:18     | SMYTH, Ruth          |                            | F25-29                   | 04:40.7            | 369           | 418         |
| 419         | 1:01:22     | HAMMETT, Linda       |                            | F45-49                   | 04:41.0            | 394           | 419         |
| 420         | 1:01:25     | GRAHAM, Mark         |                            | M35-39                   | 04:41.2            | 269           | 420         |
| 421         | 1:01:29     | TYLER, Debra         |                            | F40-44                   | 04:41.5            | 537           | 421         |
| 422         | 1:01:29     | BADCOTT, Mike        |                            | M40-44                   | 04:41.5            | 346           | 422         |
| 423         | 1:01:35     | AUBERT, Petra        |                            | F40-44                   | 04:42.0            | 489           | 423         |
| 424         | 1:01:35     | THEOBALD, David      |                            | M50-54                   | 04:42.0            | 211           | 424         |

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|-------------|-------------|---------------------------|---------------------------|--------------------------|--------------------|---------------|-------------|
| 425         | 1:01:36     | KNOWLES, Helena           |                           | F45-49                   | 04:42.0            | 424           | 425         |
| 426         | 1:01:49     | FLINT, Maureen            | Tone Zone Runners         | F55-59                   | 04:43.0            | 409           | 426         |
| 427         | 1:02:04     | DISKIN, Vicky             |                           | F30-34                   | 04:44.2            | 518           | 427         |
| 428         | 1:02:05     | MARTIN, Lesley            |                           | F35-39                   | 04:44.3            | 517           | 428         |
| 429         | 1:02:18     | SCHOFIELD, Cheryl         |                           | F40-44                   | 04:45.2            | 513           | 429         |
| 430         | 1:02:26     | LOWES, Anne               | Womens Running Network    | F50-54                   | 04:45.9            | 465           | 430         |
| 431         | 1:02:45     | GUDGEON, Matt             |                           | M30-34                   | 04:47.3            | 230           | 431         |
| 432         | 1:02:45     | DOWD, Mike                |                           | M20-24                   | 04:47.3            | 231           | 432         |
| 433         | 1:02:46     | CARD, Shirley             | Womens Running Network    | F45-49                   | 04:47.4            | 419           | 433         |
| 434         | 1:02:46     | HALEY, Jo                 |                           | F35-39                   | 04:47.4            | 362           | 434         |
| 435         | 1:02:53     | LOVELL, Darren            |                           | M30-34                   | 04:47.9            | 280           | 435         |
| 436         | 1:03:12     | DREW, Carole              | Carn Runners              | F60+                     | 04:49.4            | 436           | 436         |
| 437         | 1:03:14     | ZILLWOOD, Joanne          | Womens Running Network    | F30-34                   | 04:49.5            | 524           | 437         |
| 438         | 1:03:33     | LITTLEJOHNS, Claire       |                           | F35-39                   | 04:51.0            | 393           | 438         |
| 439         | 1:03:38     | MUIR, Susan               | Clowne Road Runners       | F35-39                   | 04:51.3            | 494           | 439         |
| 440         | 1:03:49     | CORBETT, Mary Jo          | Womens Running Network    | F45-49                   | 04:52.2            | 387           | 440         |
| 441         | 1:04:23     | MARTIN, Hannah            | Womens Running Network    | F30-34                   | 04:54.8            | 522           | 441         |
| 442         | 1:04:37     | JOHNSTON, Lee James       |                           | M30-34                   | 04:55.9            | 56            | 442         |
| 443         | 1:04:37     | HIPKINS, Elizabeth        |                           | F35-39                   | 04:55.9            | 405           | 443         |
| 444         | 1:04:52     | CLARK, Adam               |                           | M30-34                   | 04:57.0            | 290           | 444         |
| 445         | 1:05:00     | PHELAN, Mike              |                           | M55-59                   | 04:57.6            | 219           | 445         |
| 446         | 1:05:12     | SIMS, Rosemary            | Torbay Athletic Club      | F45-49                   | 04:58.5            | 372           | 446         |
| 447         | 1:05:22     | STEVENS, Sharon           | Plymouth Harriers         | F35-39                   | 04:59.3            | 488           | 447         |
| 448         | 1:05:22     | STEVENS, Shaun            | Plymouth Muskateers       | M45-49                   | 04:59.3            | 207           | 448         |
| 449         | 1:05:41     | LOVIS, Claire             | Womens Running Network    | F35-39                   | 05:00.7            | 366           | 449         |
| 450         | 1:05:42     | MCRAE, Abigail            |                           | F30-34                   | 05:00.8            | 355           | 450         |
| 451         | 1:05:56     | SIMPSON, Julie            | Tamar Trotters            | F45-49                   | 05:01.9            | 464           | 451         |
| 452         | 1:06:04     | MACLAREN, Hazel           | Womens Running Network    | F40-44                   | 05:02.5            | 459           | 452         |
| 453         | 1:06:07     | HARRIS, Andrew            |                           | M25-29                   | 05:02.7            | 282           | 453         |
| 454         | 1:06:27     | BLEWITT, Sera             |                           | F30-34                   | 05:04.2            | 449           | 454         |
| 455         | 1:06:45     | VENNING, Ann              | Launceston Road Runners   | F55-59                   | 05:05.6            | 452           | 455         |
| 456         | 1:06:53     | MORGAN, Yvonne            | Plymstock Road Runners    | F40-44                   | 05:06.2            | 473           | 456         |
| 457         | 1:07:13     | RAMON, Claire             |                           | F25-29                   | 05:07.8            | 500           | 457         |
| 458         | 1:07:29     | FOX, Linda                |                           | F55-59                   | 05:09.0            | 466           | 458         |
| 459         | 1:08:23     | BELL, Chrissie            | Run Walk for Life         | F55-59                   | 05:13.1            | 539           | 459         |
| 460         | 1:08:53     | GETHIN, Louise            |                           | F40-44                   | 05:15.4            | 429           | 460         |
| 461         | 1:08:58     | FOSTER, Claire            |                           | F30-34                   | 05:15.8            | 430           | 461         |
| 462         | 1:09:03     | MARTIN, Alan              |                           | M55-59                   | 05:16.2            | 72            | 462         |
| 463         | 1:09:15     | MULHOLLND, Joyce          |                           | F50-54                   | 05:17.1            | 493           | 463         |
| 464         | 1:09:26     | MALLEN, Deborah           |                           | F45-49                   | 05:17.9            | 453           | 464         |
| 465         | 1:09:31     | STREETER, Denise          |                           | F50-54                   | 05:18.3            | 396           | 465         |
| 466         | 1:10:12     | ROSE, Emma                |                           | F35-39                   | 05:21.4            | 425           | 466         |
| 467         | 1:10:13     | MANNING, Christopher      |                           | M30-34                   | 05:21.5            | 107           | 467         |
| 468         | 1:11:36     | WATTS, Cheryl             |                           | M45-49                   | 05:27.8            | 417           | 468         |
| 469         | 1:12:36     | MORRISH, Sue              | Womens Running Network    | F45-49                   | 05:32.4            | 418           | 469         |
| 470         | 1:12:59     | RAMON, Carolyn            | Womens Running Network    | F45-49                   | 05:34.2            | 353           | 470         |
| 471         | 1:14:42     | BENNETT, Joanna           |                           | F20-24                   | 05:42.0            | 384           | 471         |
| 472         | 1:15:31     | COMISSAR, Dennis          | South Devon Athletic Club | M60-64                   | 05:45.8            | 313           | 472         |
| 473         | 1:20:42     | MURPHY, Edward            | Serpentine Running Club   | M65-69                   | 06:09.5            | 121           | 473         |
| 474         | 1:20:49     | JANKA-SPURLOCK, Stephenie |                           | F40-44                   | 06:10.0            | 423           | 474         |
| 475         | 1:22:15     | WILBRAHAM, John           |                           | M70+                     | 06:16.6            | 331           | 475         |

There were 475 finishers in the All Competitors category.

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